



Help Your Child Develop: Sensory Integration and Neuromuscular Education Techniques

A Feldenkrais® Approach

Are you the parent of a child who has sensory motor issues?

Has your child received a diagnosis of Autism, Aspergers, ADD, Cerebral Palsy or other neuro-processing disorder?

If so, this workshop is for you.

Neurological development is a complex process. For the most part, we take it for granted unless something is amiss. Then, we want very much to help our children onto the road to "normal". While nothing can provide a sure and quick fix, there are many things you as a parent can do to help your child achieve his or her potential. Rooted in early developmental theory, the FELDENKRAIS Method® offers parents simple movement and touch-based strategies to help their child's nervous system to wake up, calm down and focus. From that place of higher organization, learning and motor skills become possible.

Julie Francis, Guild Certified FELDENKRAIS Teacher and Assistant Trainer, and parent of a child with special needs, will show you some simple hands-on techniques that any parent can learn and apply.

Life Options Studio
799 Roosevelt Rd.
Bldg 6, Suite 104
Glen Ellyn

Thursday, July 6th
6:00- 8:30 PM

Cost \$75

if registered before June 29
\$85 for registrations after June 29

Who should attend:
**Parents, Caregivers and
Teachers**

LifeOptions.Studio

Space in this workshop is limited. It is open to parents, caregivers and teachers. We will work with each other to learn and refine the techniques. Children will not be present at this event.

**Register early by contacting
Carrie Von Drasek at**
cgvondrasek@gmail.com